

MASKS FOR OPHTHALMOLOGY

Surgical Masks and Cloth Masks

Viruses can be transmitted from person-to-person through speaking, coughing and sneezing. The CDC recommends wearing face coverings when social distancing measures are difficult to be maintained.

- Surgical masks help contain secretions and may decrease the transmission of virus to others.
- Cloth face masks may slow the spread of virus and help people from transmitting the virus to others.

When to Use

- Wear a mask while at work and where social distancing measures are difficult to maintain.
- A mask may be given to you by your manager to be used while at work.

When Not to Use

- Do not use a mask if it is soiled or damaged.
- If you are ill, **STAY HOME!**

How to Use

- Mask should cover your mouth, nose and chin, with the color side facing outwards.
- The thin metal wire along the upper edge of the mask should be pressed gently against the bridge of your nose .
- To dispose, please remove by the straps, do not touch the surface of the mask.



**PLEASE REMEMBER TO
ALWAYS
PERFORM HAND HYGIENE!**

Extended Use

- Masks may be reused unless soiled or damaged. Maintain strict hand hygiene.
- When not in use, masks should be carefully folded so that the outer surface is held inward and against itself to reduce contact with the outer surface during storage. The folded mask can be stored between uses in a clean sealable paper bag or breathable container.
- Staff may bring in masks from home, including cloth masks. Cloth masks must be laundered daily.

How to make a cloth mask:

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>